

HAUORA—WELL BEING

Tiaki i to tinana / Look after your body

FIRE SAFETY - FIRE WISE

Fire safety is always important especially for children.

Fire safety messages and the skills children learn, can help save lives. We all need to raise children's awareness and knowledge of fire safety issues.

Children need to realise that fire can be safe and unsafe, and that matches and candles should be treated with respect.

Fire alarms help keep people safe. Smoke alarms are safety tools. The noise from a smoke alarm tells us there is smoke near the alarm. Sleeping people can't smell smoke, so we need smoke alarms to wake us up and tell us there is smoke in the room. The best places to put smoke alarms are bedrooms. When a smoke alarm sounds we **"Get out, stay out"**.

A toy is something we play with, but a tool is something we use to do a job.

Matches, candles, and lighters are dangerous because they start fires.

Dangerous tools are for adult use only. Children are allowed to use some tools, but only with an adult. Take matches or other dangerous tools to an adult to put in a safe place.

The smoke from a fire is thick, black, and hot, very dangerous. You can't see through it and it hurts your eyes. Smoke is poisonous – it can kill you. Smoke fills the room quickly, starting from the top. The clean air you need to breathe is under the smoke. Children should get down, and get low to get out, and then shout **"FIRE!" "FIRE!" "FIRE!"** and go to a safe meeting place, and never go back into a house when there is a fire.

We need two safe exits just in case we can't get out of one:

Escape Plan A = exit using doors, Escape Plan B = exit using windows.

Look for a safe exit in clean air. Climbing out of a window is a better way to get out than going through the house. In a fire or when a smoke alarm goes off, the message is **"Get out, stay out"** and go to a safe meeting place. Wait for help to come and your family will all meet at the safe meeting place.

All people have to do to get smoke alarms, is phone the fire service. They provide the alarms and install them free of charge. Remember every occupied bedroom, and your lounge area should have an alarm. Cheers, Rod Spriggins

I like the
drums. I can
see the circle
on the drum.
SARONA RM 1



I like the
tamborine
clap in my
hand.
ELLYN
RM 1



Faatalofa atu. Malo le soifua

TAPUNI LE AOGA

O le a faia se semina faapitoa mo faiaoga uma i totonu o Flaxmere i le Aso Lulu 17/3/10. O lenei faatasiga o le a faia lea i le Aoga a Irongate ma e amata i le 1.00pm seia oo atu i le 4.00pm i le afiafi. Ua i ai le manatu o le Pulega ma Susuga i le Tamaitai Pule o le a tapunia le Aoga i le 12.00pm talu ai e auai atu uma Faiaoga i lenei faamoemoe taua, aua le faaleleia o aoaoga i le faaaogaina o komipiuta. Faamolemole matua e tatau ona piki tamaiti i le 12.00 ma ave i le fale.

TUI PUIPUI

O le Aso Gafua 29/3/10 o le a faia ai i le Aoga tui puipui HPV o teine o le Vasega 8. E manaomia le saina mai o matua i tusi faatoa mafai lea ona faia lea vaega. O loo i ai tusi i le ofisa pe afai e lei oo atu se tusi. Afai foi e te le mana'o e fai se tui puipui o lou alo e ao lava ona faatumu mai le pepa o loo taua ai lea vaega faamolemole ona faaoo mai lea i le afisa. Afai e te fia malamalama atili faafesootai mai le telefoni 8341815 ona talanoa lea i le tamaitai-fomai.

FOLAUGA I VAAFAILA

O le a auai atu le Vasega 5,6,7,8,17,19,23,25 mo le faataunuuina o a latou polokalame o folauga i Aso 22/3 - 26/3 i le Pandora Pond i Napier. O le a tuuina atu i tamaiti uma o vasega taitasi pei ona taua ni tusi o loo i ai faamatalaga uma. O le a tuua e vasega taitasi le Aoga i le 11.00 am ae faatoa talii mai i le 4.30pm i aso e pei ona fuafuaina. Faamolemole matua e tautuana tamaiti e piki mai i le Aoga ma faamanatu atu e tuai ona foi mai tamaiti ona o lenei faamoemoe. O le totogi e \$10.00. Faafesootai mai le ofisa pe a iai se fesili.

PLAYGROUND—Rossendale Rm 14

Tuesday morning, Miss Bannister took us to the playground. When we got to the field all of the girls and boys were running like cheetahs. At the senior playground all of the children started to yell with excitement.

They were too loud so I went to the swing pole. I was dizzy when I got off. The weather was a sunny and I got hot. I was really sweaty so I went to the monkey bars but my hands were slippery and I fell down and hurt my knee. I felt scared.

Then I thought I'll go to the rock climbing because it would be much better than the monkey bars. I started to climb up and almost fell down. When I finally got to the top I had a smile and laugh and said, "I made it." The Miss Bannister told us to line up in two lines.



SOFTBALL / TEEBALL DRAW—13 MARCH

Final game U13 team —March 20th

Final game—all the rest of the teams March 13

U13 Flaxmere vs Hereworth—no game (playing Wednesday at sc
U11 Home Runners vs Mahora - Akina 4 10.15am
Flaxmere Toa vs Irongate—no game (playing at school next w
Tumeke Taniwhas vs Saints White - no game (playing next wee
Flaxmere Tigers vs Peterhead Blue - Akina 3c 10.15am
Flaxmere 1 vs Mahora Magic —Akina 3d 9.00 am
Flaxmere All Stars vs Fastpitch —Akina 3d 10.15am